

*Institute  
for  
Spiritual Development*



*"A Church & Holistic Center For Metaphysical Living"*

*April, May, June*

*2021*

**15 Sparta Avenue, Sparta, NJ 07871**

**(973) 551-5300\***

**[www.isdsparta.org](http://www.isdsparta.org)**

## **Services**

You are invited to join us each Sunday morning at 10:30 am in a Service of Celebration. The services are centered on God's most precious gifts to us and our greatest gifts to one another

– Love and Understanding.

We invite you to take the opportunity to express and experience a sense of the Infinite Presence within yourself in an atmosphere of love, friendship, understanding, and support.

Limited seating is available at the church.

Wear your mask, sanitize your hands at the front door and have your temperature taken before entering. You can also participate via

live streaming on our FaceBook page.

A link is available on the front page of our website.

## **National Headquarters**

**Institute for Spiritual Development**

5611 NE 16th Ave.,

Fort Lauderdale, Florida 33338

Reverend James De Biasio, Spiritual Advisor

954-229-0758

## **Other Institute for Development Locations**

5419 Sherier Place NW,  
Washington, DC 20016  
Reverend Rob Banaszak, Director  
202-363-7106

41-45 Dietz St., Suite#1  
Oneonta, NY  
Reverend Diana Friedell  
(607) 386-0849

170 Main Street, (Masonic Lodge  
#93)  
Madison, NJ 07940  
Reverend Barbara Scipio, Director

1789 Old Dixie Highway  
Vero Beach, FL  
Rev. Melinda Witter

615 Philadelphia Rd.  
Lebanon, TN  
Rev. Pennie Rowland

# About the Institute

The Institute is a non-profit organization, dedicated to the service of your growing awareness and to fostering an environment in which each individual may be stimulated to pursue his or her own true spiritual unfoldment, uninhibited by dogmatic concerns. To arouse a process of joyous living, creative genius, cooperation, health, prosperity, and universal service is to arouse the spiritual heart of the organization.

Believing that the search for your truth embodies a personal examination of all philosophies and religions, the Institute Experience seeks to provide the focal point for that search and a nurturing environment in which the evolution of your spiritual progression may be realized.

Offering a wide variety of growth experiences, the Institute and its well-trained professional staff provide the fulcrum where each may endeavor to explore and express the Truth as he or she understands it. The on-going and comprehensive series of study and development experiences in esoteric, metaphysical, occult, healing and personal growth are augmented by the spiritual fellowship, guidance and shared experiences which are available.

Needing only an openness to Truth, the seeker is then encouraged to pursue the expansion of awareness of his or her inner self through service, and to unfold in the arms of love the potential for perfection that lies awaiting within.

A Church for Metaphysical Living, the Institute seeks to provide a common ground in which souls passionate to grow may resolve the differences of mind and experience which appear to separate us and grow by sharing, in joy as well as in pain. The Institute is a shelter to nurture the best that is within us, a proving ground of our resolve, a place of peace, and hope, and light, and comfort, of work, of rest, of spiritual growth, of enlightenment.

Thus, with love do we greet you, and with hope do we grow with you . . . not by the efforts of one or a few, but by the energy of all.

*Reverend James E. De Biasio,  
Spiritual Advisor*

*Institute For Spiritual Development - Sparta  
Director and Spiritual Advisor, Kathy Kerston*



## On-Going Events

### Healing Circle

*Facilitator: Terence Mulligan*

**Wednesdays at 7:30 - 9:00 P.M. over Zoom.**

**Find the link on the Homepage of our Website: [www.isdsparta.org](http://www.isdsparta.org) .**

Our healing circle is an island of peace and spiritual recovery in the middle of the week. Each circle starts with a meditation and then distance healings are sent to individuals who are nominated by the people attending the circle. Healings are then sent to individuals attending the session who

request to be healed. You will experience a lessening of stress, fear, pain, loneliness or get a boost of energy or clarification of mind. Friendly discussion follows at the end. A love Donation of **\$5** per class or **\$20** once a month is appreciated.

## Psychic Fairs

We will hold Psychic Fairs the last week of every month. Sign up for a reading with your favorite reader, choose your time from those available and make your payment. Sit back in the comfort of your own home and your psychic will call you at the appointed time to give you your reading.

**Psychic Fair weeks are:**

**April 26 to April 30**

**May 24 to May 27**

**June 21 to June 25**

Names of psychics and their appointment times are posted to the Home page approximately 2 weeks before the psychic fair week. Don't wait until the last moment because some of our psychics book up very quickly. We close down the appointments a few days before the week begins in order to process payments and give the psychics their schedules. When you sign up and pay, you will receive a confirmation, and the time slot is automatically no longer available to others.

**Members & Non-Members**

**\$30.00**

## On-Going Events

### A Course in Miracles Discussion Group

**Second and Fourth Sundays of Each Month**

**at 12:00 Noon over zoom.**

**Link is available on our website**

*Facilitator: John Smallman*

***“Nothing real can be threatened. Nothing unreal exists.  
Herein lies the peace of God.”***

A Course in Miracles is a universal thought system that teaches the way to love and inner peace through forgiveness. Throughout the world, there are thousands of study groups dedicated to its philosophy. From 2009 until October of 2018, John Smallman was the anchor person for a Woodstock, NH, Course in Miracles discussion group. We are very fortunate that he is

available to facilitate this ISD Sparta group.

Join John and other likeminded individuals for an uplifting and inspiring journey to peace . . . *“for everything is a lesson that God would have me learn.”*

Fee: **\$10.00** per month.

### Ask Spirit Anything

**Tuesdays at 7:30 to 9:00 P.M. over Zoom**

**Link is available on the**

**Home page of our website:**

**[www.isdsparta.org](http://www.isdsparta.org)**

*Facilitator: Rev. Norma Victor*

Join us for an entertaining and informative episode of inspired channeling directly from Spirit via Rev. Norma Victor.

Rev Norma is an accomplished trance channel and has been providing wisdom, inspiration and information from the spirit world for over 30 years.



Take this opportunity to ask questions of the spirit guides who will speak through her live and online.

Requested Donation:  
**\$5.00** per session or  
**\$20.00** per month

## Classes

### The Way of the Shaman

*Postponed from March, will now be given*

**Thursdays at 7:30 PM, April 8, 15, 22, and 29**

*It will be held in the Sanctuary of the church.*

*Facilitators: Rev John Drinkard and Rev Ellen Rochedieu*

Shamanism is the oldest spiritual tradition known to humanity. To the Shaman's eyes, the world around us is alive and inspirited. In this experiential workshop, you can learn to see with those eyes, to explore the hidden worlds and to access the timeless wisdom known to our ancestors.

You will discover how Shamans helped their people live in harmony with the universe for thousands of years.

You will learn how the Shaman journeys to the Otherworld in search of healing, knowledge and power.

You will meet your Power Animal, who will guide you on these journeys.

You will experience the Shamanic

State of Consciousness and expand your spiritual awareness.

You will bring back healing and restore power where it has been lost.

You will discover and study with your own spiritual teachers in non ordinary reality.

You will establish a direct connection to the Spirit World, the center point of a lifelong personal Shamanic practice.

Come join us in Circle as we ride our drums into the Spirit World.

Bring a blanket, blindfold, and notebook for the journey. If you have a drum or rattle, bring it along. They are not required.

**Members: \$80.00**

**Non-members: \$100.00**

*We are a Metaphysical Church that honors and celebrates each soul. Our community provides an unconditionally loving and healing environment that affirms and encourages all seekers on their spiritual journey.*

## Classes

### Emotional Freedom Technique

**Mondays at 7:30**

**April 12, 19, 26 and May 3**

*Facilitator: Rev Kathy Kerston*

Emotional Freedom Technique is better known by EFT or Tapping. It is a method of releasing hidden blocks. This class is for beginners as well as those who have already studied EFT but need a refresher. We will be con-

centrating on how to design your own effective tapping session. Bring your questions and we will give you the answers!

**Members: \$80.00**

**Non-members: \$100.00**

### Tarot for Beginners

**Thursdays at 7:30 PM**

**May 6, 13, 20, 27 and June 3,10**

*Facilitator: Rev Anna Marie Ludwig*

Do you wonder what those colorful cards mean or how anybody can make any sense of those pictures? Join us and learn how to find just what they are telling you and how to read for yourself and others.

No prior requirements. Just come with Rider Waite or Universal Waite tarot cards, an open mind and have fun as you learn to read the cards.

**Members: \$120.00**

**Non-members: \$180.00**

### Numerology

**Mondays at 7:30 PM**

**May 17, 24, and June 7,14**

*Facilitator: Rev Kathy Kerston*

Every number has a particular vibration. Every letter corresponds to a number. The numbers in your birth date and the letters in your name, have an influence on your life.

(This combination is unique and only occurs every 36 years!) What do the letters in your name mean?

What is your Life Path and what does it mean? What is your personal year and how does that affect your life path? Which astrological house is activated in your personal year?

Understanding the vibrations to which you are responding, can be an enormous help in decision making and change. Come, get to know yourself better!

**Members: \$80.00**

**Non-members: \$100.00**

## Fee Schedules and Class/Workshop Policies

### Class/Workshop Policies

\*Please read through our policies before signing up for a class.  
Register early, as class size is limited.

\*Payment for classes or workshops must be made in full **AT LEAST ONE WEEK IN ADVANCE** to ensure your spot. Send a self-addressed, stamped envelope if paying through mail. You can also pay in the bookstore or over the phone (973-729-5493) using your credit card.

\*We reserve the right to cancel any class or workshop when fewer than the designated minimum number of stu-

dents register one week prior to the class date. If you have paid for a class that we cancel, you will receive a **FULL REFUND/CREDIT**. Refunds for class or workshop fees are only made if the class is cancelled by us or if you cancel **NO LESS THAN ONE WEEK** prior to class date. We cannot be held responsible for changes in personal circumstances that prevent your participation.

### Fee Schedule

All classes and workshops **MUST** be prepaid.  
To pay by credit card call (973) 729-5493

#### Classes

##### 1 Class Sessions

Members .....	\$25
Non-Members .....	\$35

##### 4 Class Sessions

Members .....	\$80
Non-Members .....	\$120

##### 6 Class Sessions

Members .....	\$120
Non-Members .....	\$180

##### 8 Class Sessions

Members .....	\$160
Non-Members .....	\$240

*(Note: 8 class sessions fees may be divided into 2 equal payments)*

#### Lectures and Special Events:

Members .....	\$25
Non-Members .....	\$35

#### Regular Psychic Fair Readings:

Members .....	\$30
Non-Members .....	\$30

#### Workshops

##### 1/2 Day In-House Workshops

Members: .....	\$60
Non-Members .....	\$90

##### Full Day In-House Workshops

Members .....	\$120
Non-Members .....	\$180



## Ministerial Staff & Committees

### Ministerial Staff

Director . . . . .	Rev. Kathy M. Kerston
Assistant Director . . . . .	Rev. Norma Victor
. . . . .	Rev. Anna Marie Ludwig
. . . . .	Rev. Christina Fritsch
. . . . .	Rev. Thony Innocent
. . . . .	Rev. John Drinkard
. . . . .	Rev. Juan Villagran
. . . . .	Rev. Lucia Cochran
. . . . .	Rev. Pennie Roland (TN)
. . . . .	Rev. Karen Slember (FL)
. . . . .	Rev. Ellen Rochedieu

### Executive Board

President . . . . .	Mark Gallagher
Vice President . . . . .	Ellen Rochedieu
Treasurer . . . . .	Claire GroberSolomon
Secretary . . . . .	Rev. Norma Victor
Trustees . . . . .	Mark Frantz
. . . . .	Mary Ann Spence
. . . . .	Rev. Anna Marie Ludwig
. . . . .	Robert Victor
. . . . .	Garry Gewant

### Committees & Chairpersons

Book Store . . . . .	Rev. Anna Marie Ludwig
Building Fund . . . . .	Betty Gonter
Building and Grounds . . . . .	Mark Frantz
Healing . . . . .	Terence Mulligan
Ministerial Students . . . . .	Rev. Norma Victor
Membership . . . . .	Claire Grober Solomon
Marketing & Publicity . . . . .	Ellen Rochedieu
Outreach . . . . .	Rev. John Drinkard
Psychic Fairs . . . . .	Mark Gallagher and
. . . . .	Ellen Olivo
Publications . . . . .	Bob Victor
. . . . .	and Dale Anderson-Wilde
Brochure Design . . . . .	Blue Moon Graphics
Sunshine . . . . .	Sabine Shike
Volunteers . . . . .	Rev. Norma Victor
Website . . . . .	Bob Victor

### Spiritual and Religious Needs

The Institute seeks to serve the complete individual, and the whole community, for from this will come the hopes and ideals for a better world. We desire to live together in such affection as will allow us to express our individuality without being threatened by our differences.

The Institute is the center of our life together, weaving the strands of ourselves into a pattern, a design, a meaning, uniting us as companions on the journey, helping us in the pilgrimage to spiritual awareness.

The Institute facilities and Ministerial Staff are available for all of your spiritual and religious needs, including Weddings, Baptisms and Christenings, Funeral and Memorial Services, and Spiritual Counseling and Healing.

### Membership

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals. Please discuss your interest in becoming a part of our vital spiritual community with a member of the Ministerial Staff. The yearly membership fee is \$30 per individual and \$50 per family

### Education

Dedicating itself to the highest standards of achievement, knowledge, and service, the Institute for Spiritual Development recognizes the need for thorough education of its ministers and congregation. All are invited to study within the context of a viable and dynamic education system. To those called to the level of Holy Orders, the Institute offers a vigorous and extensive pursuit for spiritual and intellectual excellence.

The Institute Education Program presents a wide variety of classes, workshops, seminars, and learning experiences to stimulate spiritual growth and personal development.

*What's the best way to keep up  
with events at ISD?*

*Check the website often and sign  
up for email alerts!*

**www.isdsparta.org**